



World Laughter Day! 2010

A PROCLAMATION FROM STEVE WILSON AND THE WORLD LAUGHTER TOUR

WHEREAS, World Laughter Day was first observed in 1998, yet each subsequent year has found many world situations to be far from laughable; and

WHEREAS, It is our greatest ideal goal that the billions of human beings on earth may end the differences that result in fear and violence; and the planet needs to employ every known strategy for healing hatred, ignorance, war, famine, disease, and natural disasters; and

WHEREAS, Advances in science continue to demonstrate that mirthful laughter has many health and healing qualities for human beings; and the high levels of stress in daily life must be met with successful positive practices so that life can be calmer, easier, more fulfilling and, even laughter filled; and

WHEREAS, Through the spread of awareness, knowledge of and interest in various positive practices and attitudinal healing, we can continue to make progress toward happiness and peace; and

WHEREAS, On World Laughter Day, laughter leaders and laughter lovers will gather all over the world to send out great and happy vibrations of the sounds of their laughter, along with intentions of peace, freedom, compassion, kindness, tolerance, understanding, forgiveness, and joy; and

WHEREAS, Laughter is a free and natural expression of the joyful human spirit and promotes health, improves morale and increases productivity at work, activates healing, melts away stress, works wonders in the classroom, is the hallmark of healthy family life, promotes optimism, is the universal language that can promote international harmony; and

WHEREAS, On World Laughter Day, all citizens are encouraged and invited to set their cares and differences aside and engage in good-hearted acts of mirth, laughing out loud, smiles, silliness, giggles, clowning, chuckles, guffaws, titters, grins and happy foolishness in the spirit of health, peace, and joy;

THEREFORE, On behalf of the family of Certified Laughter Leaders, laughter club members, and supporters of the World Laughter Tour, we declare that everybody is welcome to celebrate World Laughter Day, and we extend greetings, welcome, appreciation, and best wishes to our fellow citizens of the world who have already joined this merry movement, those who will observe World Laughter Day with us today for the first time, and to those who will join in the future. Relax! Enjoy! Laugh!

Steve Wilson , President and Co-founder
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