



Please Help The Giggle Box Project©

Throughout the ages it has been a well known fact that laughter can help in just about any situation. There is a growing body of evidence that there is a scientific basis for this proverb.



The Giggle Box Project© is a community outreach program to promote physical healing and emotional wellbeing of **KIDS IN HOSPITALS!** Starting in Missouri, we are creating 20,000 boxes filled with toys and laughter producing materials to donate to kids.

OBJECTIVE: *Bringing hope and empowering individuals by providing a light and easy 'tool kit' that encourages a proactive, integral approach in support of speedy recovery, with the added dimension of discovering our innate ability to improve and direct our personal life experience through a change in perspective.*

*This project of applied and therapeutic humor will be administered by
the Laughter Arts and Sciences Foundation*



43,000 kids are admitted to Missouri hospitals every year.

The need is great and the benefit is even greater!

Mirthful laughter and a positive outlook have been scientifically proven to improve health and quality of life. So let's help these kids do what they do best: **Live happy, healthy lives through laughter!**

Please sign up to be reminded in November to vote online for the **Pepsi Refresh Grant** of **\$250,000** to launch "**The Giggle Box Project©**" and help kids across America!

Please let us know if you would like to play a bigger role.
We need all the help we can get.

Thanks so much,
Susan Dempsey, Project Originator

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Please visit our website:

www.giggleboxes.org

